

COVID-19

Contact tracing and isolation rules

What you need to know

As NSW commences reopening at 70% full vaccination rates, COVID-19 will continue to circulate in the community. This is why it is important for everyone to understand the updated advice for testing, isolation and contact tracing.

This advice may be updated by NSW Health as case numbers and evidence changes.

When do I need to get a COVID-19 test?

Everyone, vaccinated and unvaccinated, is encouraged to get tested if they have any symptoms and self-isolate until a negative result is received.

You may also be required to take a **Rapid Antigen Test** as part of your workplace surveillance requirements.

What do I have to do if I test positive to COVID-19?

Whether you are vaccinated or unvaccinated you must self-isolate for 14 days and you will receive further advice along with your positive test result.

You must inform your employer, place of education, household members, and people you have spent time in person with recently.

If I am a close contact of a positive case, what should I do?

An authorised contact tracer will advise you if you are a close contact:

- **If you are vaccinated** you must get tested and immediately self-isolate for 7 days. On day 6 after exposure, you must get tested again with a PCR test (for example, at a COVID-19 testing clinic or your GP). If a negative result is received and you are well, you can end isolation after day 7. For the following 7 days you must work from home where practicable, not attend hospitality settings, and not attend a high risk setting even if it is your place of work
- **If you are unvaccinated** you must get tested and immediately self isolate for 14 days. On day 12, you should get tested again. If a negative result is received, you can end isolation after day 14.

What if I come into contact with a COVID-19 positive person?

In a general community setting: The Service NSW QR code check-in system will remain in place. This system will be used to notify people who were in the same venue as a positive case. In this circumstance you are encouraged to monitor for symptoms and get tested if you become unwell, or follow the advice given to you by NSW Health.

In a workplace: You will need to follow the advice of your employer.

In a high risk setting: Some settings (health care facilities, residential aged care and disability facilities, corrections facilities) will have their own risk assessment approach.

Schools and child care centres will also have specific risk assessment approaches.